

AMERICAN

CARIBBEAN

BBQ



AMERICAN

CARIBBEAN

BBQ

MBG CATERING

APPETIZERS

BAKED WINGS

Soca
(Caribbean sweet & spicy)
Sticky honey
Thai chili
Whiskey peach
Buffalo
Jerk

MINI CRAB CAKES

Crisp crab cakes with fresh herbs and a touch of lemon.

MINI SALMON CAKES

Made with tender salmon, fresh herbs, and a hint of zesty lemon.

CODFISH FRITTERS

Salted cod, fried golden brown.

APPETIZERS

MEATBALLS

Bacon cheeseburger
Teriyaki Pineapple
BBQ
Sweet & Spicy
Orange Ginger

STUFFED MUSHROOMS

classic or crab filled

EMPANADAS

Chicken
Cheese & spinach
Beef
Flaky pastry with flavorful filling.

APPETIZERS

SLIDERS

The Cuban

Ham, Swiss cheese, pickles, special sauce.

Classic Cheeseburger

Handmade Beef Burger with cheese.

Shrimp Po'Boy

Crispy fried shrimp served on French bread with remoulade.

Island spice

Shredded jerk chicken with pepper jack and Island slaw.

Bacon & Blu Buffalo Turkey

Juicy turkey burger with buffalo sauce, blue cheese and bacon crumble.

AMERICAN

CARIBBEAN

BBQ



AMERICAN

CARIBBEAN

BBQ

MBQ CATERING

ENTREES

BBQ CHICKEN

Grilled chicken glazed with our signature BBQ sauce.

JERK CHICKEN

Chicken marinated in mild or spicy jerk seasoning.

STEW CHICKEN

Slow cooked chicken in a Caribbean spiced gravy.

CREOLE CHICKEN

Chicken thigh in a tomato-based sauce and creole spices.

HONEY GRILL CHICKEN

Grilled boneless chicken thighs in a honey butter sauce.

ENTREES

COCONUT CURRY CHICKEN

Diced chicken thighs simmered in a spicy coconut curry sauce.

CHICKEN MARSALA

Chicken breast in Marsala wine sauce with mushrooms and herbs.

TUSCAN CHICKEN

Chicken breast in a cream sauce with spinach and sun-dried tomato.

CHICKEN PARM

Grilled chicken breast topped with mozzarella cheese and basil.

ENTREES

BRAISED BEEF BRISKET

Slow-cooked beef brisket, thinly sliced and topped with our signature sauce.

BEEF SHORT RIBS

Braised short ribs in a red wine reduction.

OXTAIL

Slow-cooked Caribbean oxtails.

ROAST PORK

Marinated shredded pork shoulder.

AMERICAN

CARIBBEAN

BBQ



AMERICAN

CARIBBEAN

BBQ

MBG CATERING

ENTREES

THAI CHILI SALMON

*Salmon fillet topped
with Thai chili glaze.*

CAJUN SPICED SALMON

*Salmon fillet seasoned
with Cajun spices.*

SALMON SCAMPI

*Salmon fillets topped
with butter lemon sauce.*

TUSCAN SALMON

*Salmon fillet in a cream sauce
with spinach and sun-dried
tomatoes.*

ENTREES

FRIED RED SNAPPER FILLET

Crispy red snapper fillet.

FRIED WHITING FILLET

Crispy whiting fillet.

SHRIMP

*Louisiana BBQ Shrimp
Coconut Curry Shrimp
Jerk Shrimp
Shrimp Creole
Shrimp Scampi*

ENTREES

Lasagna

*Beef
Spinach
Cheese*

LOUISIANA PASTA

*Pasta in a Creole cream sauce
(Add seafood or chicken)*

ISLAND PASTA

*Penne in a spicy cream sauce
made with coconut milk and
Caribbean spices.
(Add shrimp or chicken)*

AMERICAN

CARIBBEAN

BBQ



AMERICAN

CARIBBEAN

BBQ

MBG CATERING

BRUNCH

FRUIT SALAD

Variety of fresh fruit.

ASSORTED BREAKFAST

MEATS

*Bacon, beef sausage,
and turkey bacon.*

ASSORTED PASTRIES

*Muffins, Croissants,
Bagels.*

SOUTHWEST SCRAMBLE

*Eggs, black beans, tomatoes and
Mexican cheese.*

CHEDDAR SCRAMBLE

Eggs, cheddar jack cheese.

BRUNCH

BELGIUM WAFFLE

*Light, fluffy and served with
bourbon maple syrup.*

ISLAND WAFFLE

*Light and fluffy waffles
topped with pineapple
and coconut flakes.*

BANANA FOSTER

PANCAKES

*Pancakes topped off with a
caramelized bananas.*

STUFFED FRENCH TOAST

*French toast stuffed
with berry cream cheese.*

BRUNCH

SHRIMP & GRITS

Shrimp with cheddar grits.

CODFISH CAKES

*Salted cod, fried
golden brown.*

SALMON CAKES

*Fried salmon cakes
with aioli.*

BREAKFAST POTATOES

Diced, seasoned, zesty potatoes.

AMERICAN

CARIBBEAN

BBQ



AMERICAN

CARIBBEAN

BBQ

MBG CATERING

SIDES

Baked mac and cheese

Rice and Beans

Coconut white rice

Vegetable rice

Yellow rice

Sweet plantains

Garlic parm roasted potatoes

Mash potatoes

Brown butter mash sweet potato

Candied yams

Potato au gratin

SIDES

Corn on the cob

Potato salad

Baked beans

Coleslaw

Macaroni salad

Pasta salad

Garden salad

*(Other salads are
available upon request)*

Cream spinach

Green beans

Collard greens

Cajun Stir-fried veggies

Grilled asparagus

Garlic roasted broccoli

BBQ

Hand made Beef Burgers
(6 OZ BURGERS)

Grilled Beef Hotdogs

Italian sausage and peppers

BBQ Chicken

Jerk Chicken

BBQ Spareribs

Pulled Pork
Served with rolls.

BBQ Turkey Wings

Braised Beef Brisket

AMERICAN

CARIBBEAN

BBQ



AMERICAN

CARIBBEAN

BBQ

MBG CATERING

SELECT PACKAGE A

\$20 per person
60 people minimum

Entrées (choose 2):

Chicken dish
(excludes fried and Tuscan)
Swai fish
Beef Meatballs

Side (choose 1):

Rice
Garlic Mashed Potatoes
Baked Mac & Cheese

Vegetables (choose 1):

Sweet plantains
Green Beans
Roasted Broccoli

SELECT PACKAGE B

\$30 per person
50 people minimum

Entrées (choose 2):

only one seafood
Chicken dish
(excludes fried and Tuscan)
Shrimp dish
Beef Meatballs
Salmon dish

Sides (choose 2):

Rice
Garlic Mashed Potatoes
Baked Mac & Cheese

Vegetables (choose 1):

Sweet plantains
Green Beans
Roasted Broccoli

Rolls included

SELECT PACKAGE C

\$40 per person
50 people minimum

Entrées (choose 3):

only one seafood
Chicken dish
(excludes fried and Tuscan)
Shrimp dish
Beef Meatballs
Salmon dish
Roast pork

Sides (choose 2):

Rice
Garlic Mashed Potatoes
Baked Mac & Cheese

Vegetables (choose 2):

Sweet plantains
Green Beans
Roasted Broccoli

Rolls included

**WE OFFER SMALL GATHERINGS PACKAGES FOR
15-20 GUESTS STARTING AT \$40 PER PERSON**